

6. Implementation Strategies

1 INTRODUCTION

2 The implementation of the Long Range Transportation Plan is
 3 more than simply the construction of the projects contained
 4 within it. Many of the goals identified in Chapter 2 are necessary
 5 additions to the local and regional planning process to ensure that
 6 all aspects of the transportation system are developed and
 7 maintained. Implementation strategies and recommendations are
 8 set out on the following pages organized by the eleven Long Range
 9 Plan Goals. These include a mix of actions that the MPO, member
 10 municipalities and other partners can take to help the region
 11 move toward attaining its goals.

12 MOBILITY

Goal 1 - Mobility

The region's transportation system offers safe, secure, efficient, and reliable access to employment, housing, commerce, services, entertainment, and recreation

13 Addressing the ability and ease with which individuals and goods
 14 can move from place to place has long been a centerpiece of
 15 making improvements to the transportation system. The
 16 widespread economic expansion after World War II in the United
 17 States was facilitated by the addition of interstate highways and
 18 the overall increase in the capacity of our roadways to move
 19 vehicles. Over the last twenty years, the high economic and social
 20 cost of further expansion has necessitated the use of a wider range

21 of strategies to ensure that existing capacity is utilized as
 22 effectively and efficiently as possible. There are a variety of ways
 23 in which this can be implemented, notably through access
 24 management strategies and Intelligent Transportation Systems
 25 (ITS) improvements. Access management typically involves small
 26 scale policy, regulation, and design changes that minimize traffic
 27 conflicts and maximize traffic flow on existing facilities. Strong
 28 Access Management standards are recommended for
 29 communities to implement on state highways and other
 30 important roadways within their jurisdiction. This should be
 31 supplemented with an Access Management Memorandum of
 32 Understanding (MOU) between the New Hampshire Department
 33 of Transportation and the community to ensure that each entity
 34 understands the access control desired on a particular state
 35 highway.

36
 37 ITS uses technological advances to improve traffic flow and safety
 38 and reduce congestion through strategies like traffic signal
 39 synchronization, electronic tolling, and traveler information
 40 services. The region has an approved and up-to-date ITS
 41 Architecture in place that guides investment strategies through
 42 agreed on policies and technology standards.

43 ACTIONS

- 44 • Continue scheduled updates to Regional ITS Architecture
 45 and Strategy Plan and participate in updates to Statewide
 46 ITS Architecture. (Timeframe: 1-5 years)

- 1 • Promote integration of ITS and other efficiency strategies
2 into the design of transportation projects as appropriate.
3 (Timeframe: Ongoing)
- 4 • Continue implementation of improvements from corridor
5 studies to address congestion on US 1 and NH 125
6 (Timeframe: Ongoing)
- 7 • Conduct corridor studies of other key congested highways
8 (Timeframe: 1-10 Years):
 - 9 ○ NH 108/33 between Exeter and Portsmouth
 - 10 ○ NH 111 between Kingston & Salem
 - 11 ○ NH 101 Interchanges between Raymond & Hampton
 - 12 ○ NH 125 from NH 111 in Kingston to NH 101 in Epping
- 13 • Revisit Congestion Management Process (CMP) as a tool
14 for identifying and tracking congested locations in the
15 region. (Timeframe: 1-5 Years)
- 16 • Implement improvement to the Regional Travel Demand
17 Model. (Timeframe: 1-5 Years)

18 **ACCESSIBILITY & TRANSPORTATION CHOICE**

Goal 2 – Transportation Choices

The region’s transportation system offers equitable and reliable multi-modal transportation choices to better connect people to jobs and services..

19 Ensuring that all travelers have options beyond the single
20 occupant vehicle is key to meeting the accessibility goals of the
21 region. Beyond simply planning for and providing bicycle and
22 pedestrian facilities and transit services, though, there is a role for
23 the MPO in actively encouraging use of these options. The New
24 Hampshire Climate Action Plan identified the transportation

25 sector as the source of 33 percent of greenhouse gas emissions in
26 New Hampshire, and identified actions for reducing those
27 emissions including promoting alternatives to driving alone.
28 Experience nationally in promoting safe walking and bicycling to
29 school has shown that building new sidewalks or bikeways alone
30 is often not enough to induce more kids walk or bicycle. There is
31 a need for the other four elements of the 5Es model (Education,
32 Encouragement, Enforcement and Evaluation) to build
33 awareness, incentive behavior change and ensure safety.

34 **ACTIONS**

- 35 • Work to expand transit access in key underserved
36 communities lacking basic Monday-Friday demand
37 response or volunteer driver transportation services.
38 (Timeframe: 1-5 Years)
- 39 • Provide technical assistance to COAST, CART and TASC in
40 developing regional community transportation options.
41 (Timeframe: Ongoing)
- 42 • Facilitate regional efforts to coordinate public transit and
43 human service transportation as a key strategy to expand
44 access to community transportation. (Timeframe: Ongoing)
- 45 • Work with State and regional partners to sustain and
46 expand inter-city rail and bus transportation options,
47 including continuation of I-93 commuter service following
48 completion of I-93 widening. (Timeframe: Ongoing)
- 49 • Ensure adequate capacity at Park and Ride facilities in the
50 region (Timeframe: Ongoing)
- 51 • Support continued funding for the commuteSMARTseacoast
52 TMA following completion of Spaulding Turnpike widening

- 1 • Work with transit agencies, TMAs, and others to expand
2 employment transportation options in the region.
3 (Timeframe: 1-5 Years)
- 4 • Evaluate potential for TMA along southern I-93 corridor.
5 (Timeframe: 1-10 Years)
- 6 • Work to expand Federal and State funding available for
7 transit services. (Timeframe: Ongoing)
- 8 • Collaborate with commuteSMARTseacoast and other
9 regional and statewide partners on initiatives to encourage
10 alternative commutes such as Seacoast Bike/Walk to Work
11 Day and Commute Green New Hampshire (Timeframe:
12 Ongoing)
- 13 • Develop a stand-alone bicycle and pedestrian plan for the
14 RPC region. (Timeframe: 1-5 years)
- 15 • Implement a complete streets policy for the region and
16 corresponding approach for all federally funded
17 transportation projects. (Timeframe: 1-5 Years)
- 18 • Expand data collection on bicycle and pedestrian volumes
19 and routes. to provide a better basis for evaluating bicycle
20 and pedestrian project needs. (Timeframe: 1-5 Years)
- 21 • Assist communities in implementing bicycle improvements
22 on key regional bicycle and pedestrian routes. (Timeframe:
23 Ongoing)
- 24 • Collaborate with regional and statewide partners on public
25 education and enforcement initiatives to promote safe
26 travel on the region’s transportation system for all users.
27 (Timeframe: 1-3 years and ongoing)
- 28 • Facilitate local Safe Routes to School programs and safety
29 improvements connecting neighborhoods to schools.
30 (Timeframe: 1-10 Years)

- 31 • Implement signage and lane marking improvements and
32 standards that aid in wayfinding and improve safety for
33 travelers. (Timeframe: 1-10 Years)
- 34 • Develop an assessment of likely implications of autonomous
35 vehicle integration for the region, and local and regional
36 actions needed to prepare for this.

37 **SYSTEM PRESERVATION & MODERNIZATION**

Goal 3 – System Preservation & Modernization

The region’s transportation system is maintained in good condition and the preservation and modernization needs of existing components are prioritized ahead of adding new highway capacity.

38 As the condition of roadways and bridge structures declines, the
39 cost of repair rises substantially in both time and funds required.
40 At appropriate funding levels, these structures are addressed
41 prior to declining to the point where extensive and expensive fixes
42 are needed to bring the facility back to good condition. NHDOT has
43 undertaken a two-prong approach to addressing system
44 preservation and modernization needs that differentiates
45 between how roads and bridges are treated.

46 **Bridges & Culverts**

47 As discussed in the existing conditions chapter, [NHDOT’s Bridge](#)
48 [Strategy](#) consists of three components; establishing bridge
49 priorities, making sustainable investments, and assessing the
50 utility of redundant bridges, and this methodology sets the order
51 in which deficient bridges in the region are addressed. In the RPC
52 region, much of the system preservation and modernization
53 discussion has centered around the aging bridges in the region
54 and, in recent years, a number of the most critical and complicated

1 facilities have been replaced or rehabilitated. This has resulted in
 2 substantial progress in repairing or replacing the state owned
 3 “Red List” bridges in the region, and some progress reducing the
 4 number of municipal bridges that are in poor condition as well.
 5 The RPC has also been assessing stream crossings (culverts and
 6 bridges) within the region to provide state agencies and
 7 municipalities with information to identify critical and hazardous
 8 crossings. While not fully completed, the objective is to identify
 9 those stream crossings that may fail, particularly during major
 10 storm events and to identify if a crossing is a barrier to aquatic
 11 organisms, fish and other wildlife movement. Knowing the
 12 condition of stream crossings can help guide municipalities
 13 prioritize those crossing most in need of retrofit or replacement.
 14 Results from this assessment can be incorporated into municipal
 15 and regional hazard mitigation plans, vulnerability assessments
 16 and site specific restoration and mitigation projects.

17 **Pavement Condition**

18 Similar to the NHDOT Bridge Strategy, the [NHDOT Pavement](#)
 19 [Strategy](#) is based on three concepts: establishing tiers, focuses on
 20 sustainable investments, and keeping roads in working order. The
 21 pavement strategy differs in that the facilities in the worst
 22 condition will be maintained as best as possible, while those in
 23 good to fair condition will be maintained in that condition. This is
 24 based around the tier system which prioritizes preservation and
 25 rehabilitation work on the Interstate Highways, Turnpikes, and
 26 major roadway corridors, while the lower tiered state roadways
 27 are kept in good working order through maintenance paving. **Map**
 28 **3-3** (Existing Conditions Chapter) shows how the tiered system is
 29 applied in the RPC region. NHDOT’s short-term paving plan
 30 covering calendar years 2017-2019 establishes the initial strategy

31 **ACTIONS**

- 32 • Complete regional inventory of stream crossings
 33 (Timeframe: 1-5 Years)
- 34 • Conduct stream crossing condition analysis and provide
 35 information to communities and state agencies
 36 (Timeframe: 1-5 Years)
- 37 • Continue to dedicate resources to reduce the number of
 38 Red List bridges in the region. (Timeframe: Ongoing)
- 39 • Continue to work with NHDOT to ensure that bridge
 40 designs use materials promoting long lifespans and
 41 incorporate consideration for bicycle and pedestrian
 42 needs, minimize the impacts of natural hazards on the
 43 structures, as well as the potential impacts of climate
 44 change. (Timeframe: Ongoing)
- 45 • Continue to encourage the state and communities to
 46 provide adequate resources for bridge and culvert
 47 maintenance. (Timeframe: Ongoing)
- 48 • Encourage communities to adopt and maintain pavement
 49 management systems to track roadway conditions and
 50 plan for future maintenance and preservation needs.
 51 (Timeframe: Ongoing)
- 52 • Continue to encourage the expansion of resources available
 53 to maintain the transportation system to keep up with
 54 identified needs. (Timeframe: Ongoing)

55 **SAFETY AND SECURITY**

Goal 4 – Safety & Security

The region’s transportation system is safe and secure for all users.

56 One of the primary focus of roadway improvements in the region
 57 is improving safety for all users. Based on the information in
 58 Existing Conditions (Chapter 3) and the Needs Assessment

1 (Chapter 4), a number of project specific actions have been
 2 identified to address safety and security concerns in the region. In
 3 addition, the New Hampshire Strategic Highway Safety Plan, the
 4 State 5 Percent report that details high crash intersections and
 5 segments in the region provide areas of focus for crash reduction
 6 efforts. While current trends in traffic crashes in the region are
 7 showing a recent growth in the number and rate of crashes per
 8 100 Million VMT (Refer to Figures 3-12 to 3-16 in Chapter 3) it is
 9 unclear if this is a long-term pattern or a more short-term
 10 phenomenon. In either case, a broad focus on transportation
 11 safety will begin to address the problem.

12
 13 While there are currently few projects in the region that are
 14 designed specifically to address transportation system security
 15 concerns, ensuring that the network is resilient and adaptive to
 16 the impacts of climate change and natural (and man-made)
 17 hazards is a critical aspect of planning for the future of the region.

18 **ACTIONS**

- 19 • Work to improve accuracy of crash data. (Timeframe:
 20 Ongoing)
- 21 • Continue to work with NHDOT on Road Safety Audits and
 22 follow-up improvements for crash locations with fatalities
 23 and serious injuries. (Timeframe: Ongoing)
- 24 • Continue efforts in developing corridor based crash rates
 25 and incorporating crash analysis into corridor studies.
 26 (Timeframe: 1-5 Years)
- 27 • Support the implementation of focus and continuing
 28 strategies identified in the Strategic Highway Safety Plan
 29 by NHDO and the New Hampshire Department of Safety.
 30 (Timeframe: 1-5 Years)

- 31 • Ensure that safety for all users is included in the design of
 32 transportation improvement projects. (Timeframe:
 33 Ongoing)
- 34 • Ensure that bus stop locations have adequate and safe
 35 pedestrian access to adjacent land uses. (Timeframe:
 36 Ongoing)
- 37 • Incorporate mandated Federal Performance Targets and
 38 metrics into the MPO Long Range Transportation Plan
 39 (Timeframe: 1-5 Years)
- 40 • Better define the role of safety in the Ten Year Plan project
 41 selection process (Timeframe: 1-5 Years)
- 42 • Incorporate more substantive safety analysis into any
 43 corridor studies conducted in the region to better identify
 44 deficiencies and better address concerns. (Timeframe:
 45 ongoing)
- 46 • Work to ensure that the movement of hazardous materials
 47 through communities on rail and roadway is conducted in
 48 as safe a manner as possible. (Timeframe: Ongoing)
- 49 • Undertake a coastal evacuation route capacity and safety
 50 analysis. (Timeframe: 1-5 Years)
- 51 • Incorporate outcomes of the Regional Stream Crossing
 52 Assessment into the MPO Long Range Transportation Plan
 53 (Timeframe: 1-5 Years).
- 54 • Fully integrate regional vulnerability analyses to sea level
 55 rise and storm surge into the Long Range Plan and into the
 56 project selection process for the region.
- 57 • Work with state and regional partners to define the MPO
 58 role in security planning for the transportation system.
 59 This role should provide tangible benefits without adding
 60 a level of bureaucracy to the security planning process.
 61 (Timeframe: 1-5 Years)

- 1 • Incorporate transportation network planning into the
2 current work with FEMA and local communities to develop
3 hazard mitigation plans. (Timeframe: Ongoing)
- 4 • Analyze the transportation system for capacity and safety
5 deficiencies that impact security and disaster planning
6 concerns. (Timeframe: Ongoing)
- 7 • Incorporate security and disaster planning aspects into the
8 project design and prioritization process. (Timeframe: 1-5
9 Years)
- 10 • Implement the recommendations from the 2016 Coastal
11 Risks and Hazards Commission report for incrementally
12 improving coastal infrastructure to increasingly severe
13 storm activity and best available projections for future sea
14 level rise. (Timeframe: 1-10 Years)

15 **LAND USE INTEGRATION**

Goal 5 – Land Use Integration

New commercial and residential development supports multiple modes of transportation and minimizes the need for expanding capacity of adjacent roads.

16
17 The pattern of land use and the needs of the transportation system
18 are closely linked, and changes to each can have a significant effect
19 on the other. Over time it has become clear that development
20 patterns can strongly influence the growth in travel demand in a
21 region. Regions with compact city centers that have a mix of uses
22 and serve as employment hubs can generate 20-30 percent less
23 automobile travel per capita than regions that are highly sprawled
24 in their pattern. While the RPC region historically was compact in
25 its settlement pattern, with many traditional downtown and

26 village centers that remain active and viable, most of the
27 development that has occurred over the past four decades has
28 been far more dispersed and sprawling in character. This led to
29 growth in the number of vehicle miles travelled at a rate two to
30 three times that of the population growth and was unsustainable
31 in the long term. There was a brief decline in VMT that
32 accompanied the high energy costs and unemployment of the
33 economic downturn. However, starting in 2008, as gas costs have
34 declined and the economy has returned to full employment, VMT
35 is on the rise again at a rate that is much higher than the growth
36 in population.

37
38 Despite these rising numbers, many people are finding reasons
39 not to drive as much as in the past, and there is greater interest in
40 living and working in close proximity, and building “walkable”
41 communities.

42
43 As a transportation planning policy therefore, this Plan advocates
44 efficient land use strategies which, among other benefits, continue
45 to lower demand for automobile travel and reduce congestion.
46 These strategies are critical mechanisms to maintain healthy air
47 quality, as well preserve and maintain other natural resources,
48 mitigate natural hazards and adapt to a changing climate, as well
49 as minimize land consumption.

50 **ACTIONS**

- 51 • Promote compact, mixed use development, including
52 Transit Oriented Design (TOD) where appropriate.
53 (Timeframe: Ongoing)
- 54 • Prioritize transportation investment in the region’s already
55 developed areas through weighting of project selection
56 criteria. (Timeframe: Ongoing)

- 1 • Promote development of Access Management standards for
2 state highways in communities. (Timeframe: 1-10 Years)
- 3 • Assist communities and NHDOT with the development of
4 Access Management MOU agreements. (Timeframe: 1-10
5 Years)
- 6 • Promote strong Access Management in designs for
7 improvements (publicly and privately financed) along state
8 highways and other corridors. (Timeframe: Immediate and
9 ongoing)
- 10 • Encourage communities to conduct rigorous traffic impact
11 analysis as part of development site review.
- 12 • Encourage expanded use of the Developments of Regional
13 Impact process to address concerns regarding the impacts
14 of development beyond community boundaries.
- 15 • Require the consideration of hazard mitigation and climate
16 adaptation needs in the development of transportation
17 projects.

18 **RESOURCE PROTECTION**

Goal 6 – Resource Protection

The region’s transportation system is proactive in protecting natural and historic resources.

19
20 The interaction of the transportation system with natural and
21 cultural resources and energy use covers a multitude of topic
22 areas and issues of concern to the region. Prominent among these
23 for the MPO for many years has been reducing the impacts of the
24 transportation system on air quality through projects and policies
25 that reduce Vehicle Miles of Travel and promote less polluting

26 modes of travel. While the MPO region is no longer in Non-
27 Attainment for the National Ambient Air Quality Standards,
28 strategies to reduce emissions of air pollutants and greenhouse
29 gases remain a priority. Other work of the MPO under this goal
30 includes improving resource inventories to better understand
31 natural and cultural resources in the region and minimize impacts
32 from new transportation; and conveying that information to
33 project designers and the public to shape project development.

34 **ACTIONS**

- 35 • Expand natural and cultural resource inventory data to
36 guide project planning and mitigation efforts. (Timeframe:
37 Ongoing)
- 38 • Participate in project development to provide information
39 to minimize resource impacts as well as shape mitigation
40 efforts. (Timeframe: Ongoing)
- 41 • Continue to track NAAQS criteria pollutant levels in the
42 region and prioritize projects that improve air quality.
43 (Timeframe: Ongoing)
- 44 • Complete the stream crossing inventory on the state
45 highway system to identify adverse ecological impacts
46 from undersized culverts. (Timeframe: 1-5 Years)
- 47 • Incorporate greenhouse gas emissions into regional
48 performance based planning efforts. (Timeframe: 1-5
49 Years)
- 50 • Promote transportation projects in the region that reduce
51 total Vehicle Miles Traveled.

1 RESILIENCY

Goal 8 – Resiliency

The region’s transportation system is adaptive and resilient to climate change and natural and other hazards.

2
3 Changing weather patterns and the prevalence of extreme storm
4 events in the northeast over the last ten years have focused
5 attention on the vulnerability of the transportation network.
6 Although many local and regional studies have confirmed that our
7 climate may change more rapidly in the future, there is still
8 uncertainty about when and how much it will occur. Tackling the
9 impacts and in some instances positive opportunities that long
10 term climate change pose requires integrating environmental and
11 land use considerations with transportation planning. In order to
12 accomplish this, integration must be a primary driver in the
13 decision-making process supported by translation of sound
14 science, research and analyses into policy and practice. The goal
15 of resilience is to make decisions that ensure systems can respond
16 with less impact and recover from extreme events faster.

17
18 The MPO can play a role in conducting the analysis necessary to
19 understand where impacts from natural or other hazards may
20 occur; and working to mitigate that potential where possible. **Map**
21 **XX** indicates that over 80 miles of roadways in the seacoast could
22 be impacted by sea level rise and coastal inundation from storms
23 and the region needs to begin addressing and mitigating that
24 issue.

25
26
27

28 *NH Climate Action Plan*
29 The NH Climate Action Plan (2009) recommends statewide
30 actions to address existing and future challenges relating to
31 economics, human health, natural systems, and infrastructure.
32 The report offers guidance that “The state will need to plan for
33 these impacts with the best understanding of the resources that
34 are available to address the issue at the state, regional and
35 national level. This would require more comprehensive and
36 integrated planning with a variety of stakeholders and should
37 begin immediately and continue into the future.” Mitigation
38 and adaptation are two of the primary strategies recommended
39 to slow the rate of environmental change and reduce the
40 potentially harmful effects of climate change.

41
42 The NH Climate Action Plan is available at
43 https://www.des.nh.gov/organization/divisions/air/tsb/tps/climate/action_plan/nh_climate_action_plan.htm.

44
45 *NH Coastal Risks and Hazards Commission*
46 The NH Coastal Risks and Hazards Commission (CRHC) was
47 charged with investigating future impacts of climate change and
48 coastal hazards including flooding from increased precipitation,
49 coastal storms and sea-level rise. Completing its work in
50 December 2016, the CRHC issued a final report which is available
51 at <http://www.nhcrhc.org/>. With respect to state and municipal
52 planning, infrastructure management, land use and development,
53 and environmental protection, the Commission’s report offers 35
54 recommendations relating to the built landscape, natural
55 resources, heritage and economy, and recommends the following
56 general guidelines and principals to guide informed decisions
57 today and in the future.

- 58
59
60 ▪ **Act Early.** Responding now to the future threat of coastal
61 flooding will maximize long-term cost savings that result
62 from building a more resilient community.

- 1 ▪ Respond Incrementally. Incremental and iterative
2 approaches allow the community to refine and correction
3 actions as information becomes available and conditions
4 change.
- 5 ▪ Revisit and Revise. As climate science is refined,
6 periodically revisit climate change projections and
7 assumptions, and adjust actions accordingly.
- 8 ▪ Collaborate and Coordinate. To decrease costs and
9 increase effectiveness of planning and preparation, state
10 and local governments need to align policies, plans and
11 responses about future coastal hazards to the greatest
12 extent possible.
- 13 ▪ Incorporate Risk Tolerance in Design. Buildings and
14 facilities that are critical to public functions or safety, that
15 are intended to last a very long time or that are expensive
16 to replace, should be considered to have low risk tolerance
17 and should consider future flood and coastal hazard in
18 their design.
- 19 ▪ Make No Regrets Decisions. A no regrets policy or
20 approach refers to actions that yield multiples benefits
21 even under the lowest flood or coastal hazard scenario,
22 and should incur low costs or save money over the
23 medium to long term.

24
25
26 The CRHC guidelines could serve as a standard framework for
27 transportation related activities such as long range planning and
28 decision making, maintenance of existing assets and resources,
29 infrastructure siting and design, and investment in existing and
30 future transportation assets and resources to ensure
31 implementation of beneficial climate adaptation and resilience
32 actions.

33 **ACTIONS**

- 34 • Incorporate impacts from sea-level rise and coastal storm
35 surge flooding identified in the Tides to Storms Vulnerability
36 Assessment (2015, RPC) and Climate Risk in the Seacoast
37 Vulnerability Assessment (2016, RPC, SRPC, NH Coastal
38 Program) into infrastructure management and improvement
39 plans and other local and state policies and regulations.
40 (Timeframe: 1-5 Years)
- 41 • Plan for necessary improvements to roadways and their
42 supporting infrastructure to manage additional stormwater
43 runoff from more frequent and extreme storm events, and
44 adapt to long term sea-level rise. (Timeframe: 1-5 Years)
- 45 • Assess the impact of freshwater and tidal crossings on
46 adjacent tidal wetlands, aquatic organism passage, and public
47 safety under existing and future climate conditions.
- 48 • Implement regulatory standards and/or enact enabling
49 legislation to ensure that the best available climate science
50 and flood risk information are used for the siting and design
51 of new, reconstructed, and rehabilitated state-funded
52 structures and facilities. (Timeframe: 1-5 Years)
- 53 • Develop natural resource restoration plans/strategies that
54 explicitly consider future coastal risk and hazards, and the
55 ecological services that they impact.
- 56 • Work with state and regional partners to define the MPO role
57 in security planning for the transportation system. This role
58 should provide tangible benefits without adding a level of
59 bureaucracy to the security planning process. (Timeframe:
60 Ongoing)
- 61 • Incorporate transportation network planning into the current
62 work with FEMA and local communities to develop hazard
63 mitigation plans. (Timeframe: 5-10 Years)

- 1 • Analyze the transportation system for capacity and safety
- 2 deficiencies that impact security and disaster planning
- 3 concerns. (Timeframe: 5-10 Years)
- 4 • Incorporate security and disaster planning aspects into the
- 5 project design and prioritization process. (Timeframe: 1-5
- 6 Years)
- 7 • Prioritize projects designed to increase the resiliency of the
- 8 transportation system to anticipated impacts of climate
- 9 change. (Timeframe: Ongoing)
- 10 • Coordinate with coastal municipalities on timely
- 11 implementation of recommendations identified in municipal
- 12 Natural Hazards Mitigation Plans, and consider impacts
- 13 identified in the Tides to Storms Vulnerability Assessment
- 14 (2015, RPC, SRPC, NH Coastal Program) and Climate Risk in
- 15 the Seacoast Vulnerability Assessment (2016).

16 **ECONOMIC VITALITY**

Goal 9 – Economic Vitality

Through strategic investment, the region’s transportation system supports an innovative and competitive 21st century economy that connects people, goods, and communities to desired activity and economic centers.

17 Continued economic success in the region will rely upon the
18 efficiency, effectiveness, safety and appeal of the transportation
19 network that connects people and goods for commerce and
20 recreation. Many of the projects included in the Long Range Plan
21 support economic vitality locally or regionally through improved
22 personal or freight mobility; access to employment and basic life
23 needs; enhancing the safety and attractiveness of downtowns, and
24 improvements on key tourism routes.

25

26 **ACTIONS**

- 27 • Participate in the development of the New Hampshire State
- 28 Freight Plan and integrate its recommendations into the
- 29 Long Range Transportation Plan (Timeframe: 1-5 Years)
- 30 • Expand truck rest area facilities to meet the demand.
- 31 (Timeframe: 1-10 Years)
- 32 • Prioritize investment in rail, the Port of New Hampshire,
- 33 and connecting transportation infrastructure. (Timeframe:
- 34 1-5 Years, Ongoing)
- 35 • Increase the capacity for both freight and inter-city
- 36 passenger travel by constructing double-track on the B&M
- 37 railway through entire region. (Timeframe: 10-20 Years)
- 38 • Improve wayfinding and increase the information available
- 39 to travelers regarding transportation and parking along the
- 40 NH Coastal Byway. (Timeframe: 1-10 Years)
- 41 • Implement safety improvements along the NH Coastal
- 42 Byway to accommodate sharing of the road by people
- 43 driving, bicycling, and walking. (Timeframe: 1-10 Years)
- 44 • Undertake a study of tourism-based travel in the region
- 45 and the transportation improvements necessary to
- 46 maintain this economic base of the region. (Timeframe: 1-
- 47 10 Years)
- 48 • Prioritize projects for funding that are identified as
- 49 regional infrastructure priorities in the Comprehensive
- 50 Economic Development Strategy (CEDs). (Timeframe:
- 51 Ongoing)
- 52 • Implement the recommendations from the 2016 Coastal
- 53 Risks and Hazards Commission report to incrementally
- 54 improve the resiliency of NH1A and NH1B and other
- 55 coastal infrastructure to increasingly severe storm activity
- 56 and best available projections for future sea level rise.
- 57 (Timeframe: 1-10 Years)

58

1 **PUBLIC HEALTH**

Goal 10 – Public Health

The region’s transportation system is designed and built to support safe and healthy communities, facilitate active living opportunities, and aging in place.

2 Public health is influenced by the transportation system in
3 multiple ways. Examples include something as simple as people’s
4 ability to travel to medical appointments, the impacts of vehicle
5 emissions on air quality which affects heart and lung function, and
6 the safety of the transportation system for people traveling by all
7 modes – whether driving, walking, bicycling or riding transit.

8 A fourth facet of public health impacted by the transportation
9 system is physical activity, and the extent to which our
10 transportation system and communities are built to support
11 active transportation – i.e. walking or bicycling for short trips.

12 Each of these aspects, and the strategies below, are addressed
13 under other plan goals. However public health is pulled out
14 explicitly as a goal, and the following strategies aggregated here,
15 to underscore the impact transportation investments have on
16 public health and healthcare. While often excluded from measures
17 of economic vitality, these sectors account for over 17% of our
18 economy, and are central to any measure of quality of life.

19 **ACTIONS**

- 20 • Facilitate development of volunteer driver program
- 21 capacity or other transit service to provide access to medical

- 22 care and other basic life needs in underserved communities.
- 23 (Timeframe: 1-5 Years)
- 24 • Facilitate development of local Safe Routes to School
- 25 programs to enable children to walk/bike to school safely.
- 26 (Timeframe: 1-10 Years, ongoing)
- 27 • Support safe accommodation of all travelers in roadway
- 28 design through an MPO Complete Streets Policy, and assist
- 29 municipalities in development of local policies. (Timeframe:
- 30 1-5 years)
- 31 • Encourage communities to implement compact, mixed-use
- 32 development patterns that facilitate active transportation.
- 33 (Timeframe: 1-10 Years, Ongoing)
- 34 • Assist in planning and implementation of a regional network
- 35 of multi-use trails as traffic-separated transportation and
- 36 recreation facilities supporting physical activity.
- 37 (Timeframe: 1-5 Years, Ongoing)
- 38 • Continue to prioritize projects that improve air quality.
- 39 (Timeframe: Ongoing)
- 40

41 **PLANNING PROCESS**

Goal 10 – Efficient & Effective Planning Process

The MPO provides an efficient and effective implementation of the cooperative, coordinated, and continuous (3C) federal transportation planning process that aids in the efficient and effective implementation of projects.

42
43 A critical role of the MPO is to establish project priorities for
44 implementation given limited funding for investment in the
45 maintenance, preservation, modernization, and improvement of
46 transportation infrastructure. Project selection criteria and

1 processes have been used by the MPO for many years to quantify
 2 and justify priorities but until recent years criteria were not
 3 consistently applied at the state level. In 2012-2013 NHDOT and
 4 the MPO developed and utilized a comprehensive process and a
 5 common set of criteria based around project benefits and impacts
 6 as well as project readiness and support concerns. These criteria
 7 were used in the development of the 2017-2026 Ten Year Plan
 8 and resulted in five of the region’s top ten project priorities being
 9 programmed in the statewide Plan.

10
 11 There is a strong interest in applying this process to project
 12 prioritization at the regional and state level for many types of
 13 projects across all modes of travel. To facilitate that, this process
 14 and the selection criteria need to be further defined and refined to
 15 better reflect the need for a strong transportation system across
 16 all modes and that reflects local, regional, and state priorities in
 17 the implementation of projects in the Ten Year Plan and the
 18 Transportation Improvement Program (TIP). Chapter 5 lists the
 19 current prioritized list of transportation projects for the region
 20 and **Map 5-X** illustrates the general location of these projects.

21 **ACTIONS**

- 22 • Work with NHDOT to ensure that project selection criteria
 23 continue to reflect local and regional priorities. (Timeframe:
 24 1-2 Years)
- 25 • Refine the project development process through early data
 26 collection and scoping to better enable the project selection
 27 process with more complete information regarding project
 28 proposals. (Timeframe: 1-2 Years)
- 29 • Update the list of prioritized projects in the Long Range
 30 Transportation Plan to reflect the latest planning
 31 assumptions. (Timeframe: 1-2 Years - cyclical)

- 32 • Solicit communities, Transit providers, and NH DOT for
 33 transportation needs over the short and long-term within the
 34 region . (Timeframe: 1-2 Years - cyclical)
- 35 • Propose projects to be constructed as part of the State Ten
 36 Year Plan process. (Timeframe: 1-2 Years - cyclical)
- 37 • Propose projects to be constructed as part of the
 38 Transportation Alternatives and Congestion Mitigation and
 39 Air Quality Programs. (Timeframe: 1-2 Years - cyclical)
- 40 • Expand the MPO’s initial list of federally mandated and SHRP2
 41 performance measures to address regional needs and ensure
 42 measures for each MPO Goal (Timeframe: 1-5 Years)
- 43 • Maintain and expand participation by communities,
 44 particularly those lacking planning staff, and other
 45 stakeholders in MPO process (Timeframe: Ongoing)

Goal 12 – Funding Availability
Adequate and predictable funding is available to meet current and future needs for transportation system maintenance, operation and modernization across all modes

46 **FUNDING AVAILABILITY NEEDS**

47
 48 One of the biggest challenges facing the state, the region, and
 49 communities is maintaining, operating and updating the
 50 transportation system in an era of reduced resources and weak
 51 political will to invest in infrastructure. Traditionally projects
 52 have been advanced to the State Ten Year Plan to be queued for
 53 eventual construction. However, given the current financial
 54 limitations with respect to state and federal funding, waiting for
 55 any individual project to be constructed via that route is likely to

1 take a minimum of 10 to 15 years, and might be a viable option
 2 only for large, long range projects. Even then, funding for
 3 maintaining the transportation system has not kept up with the
 4 repair and replacement needs of the infrastructure. The municipal
 5 and business sectors have a shared interest in working to restore
 6 state and federal investment in transportation infrastructure. In
 7 addition, communities will benefit from finding alternate means
 8 of financing many improvements. This will mean working with
 9 citizens, other communities, NH DOT, and private interests to find
 10 appropriate mechanisms. In addition, many communities have
 11 had success in recent years leveraging private development
 12 interests to achieve public transportation improvement goals
 13 through the use of development exactions and public/private
 14 partnerships.

15 **ACTIONS**

- 16 • Work with federal, state and regional partners to increase the
 17 amount of Federal and State funding available in the region to
 18 address project needs. In particular, work to establish a
 19 dedicated state funding stream for public transportation.
 20 (Timeframe: Immediate and ongoing)
- 21 • Work directly with communities to expand the options
 22 available for local financing of transportation system
 23 maintenance, preservation, and improvement. (Timeframe:
 24 Immediate and ongoing)
- 25 • Promote the use of public/private partnerships to spur
 26 investment in the transportation system where private
 27 development goals facilitate achievement of public priorities.
 28 (Timeframe: Immediate and Ongoing)
- 29 • Assist communities with the development of policies and
 30 regulations that aid in securing private development funding
 31 appropriate for the amount of impact expected on adjacent
 32 transportation facilities. (Timeframe: 1-10 Years)

- 33 • Work with NH DOT to identify projects that might benefit
 34 from non-traditional contracting mechanisms such as design-
 35 build to expedite implementation. (Timeframe: 1-5 Years,
 36 Ongoing)
 37

38 **PLAN IMPACTS & MITIGATION**

39
 40 Beginning with the enactment of SAFETEA-LU and continuing
 41 with the FAST Act, MPO Long Range Transportation Plans are
 42 required to address the issue of environmental mitigation with
 43 the objective of introducing some forethought into how
 44 environmental impacts from major transportation projects in the
 45 region will be mitigated. While not intended to identify project
 46 specific mitigation requirements or opportunities, the plan must
 47 include a generalized discussion of potential mitigation activities
 48 and compare transportation plans with available State
 49 conservation plans, maps, and inventories.
 50 As we interpret it, the objective is to identify both the types of
 51 mitigation that are appropriate to the region and the potential
 52 opportunities for mitigation that are present in the region.

53 ***Appropriate Types of Mitigation***

54 Environmental impacts associated with transportation projects
 55 include both direct and indirect impacts. Mitigation activities
 56 considered will differ depending upon the type of impact, the
 57 specific resource affected, as well as the severity and duration of
 58 the impact. The following sequential mitigation strategy applies
 59 generally to all resources:

- 60 1. Avoidance – Alter the project so an impact does not occur
- 61 2. Minimization – Modify the project to reduce the severity of
 62 the impact
- 63 3. Mitigation – Undertake an action to alleviate or offset an
 64 impact, or to replace an appropriated resource.
 65
 66

Table 6.X: Common Resource Impacts and Associated Mitigation Activities for Transportation Projects

RESOURCE	IMPACT	TYPE	DURATION	POTENTIAL MITIGATION
<i>Air Quality</i>	<ul style="list-style-type: none"> Emissions from construction activity Impacts from higher vehicle emissions 	Direct and Indirect	Short term (construction); Long term (VMT)	<ul style="list-style-type: none"> Dust abatement programs during construction VMT reduction/demand management activities
<i>Noise</i>	<ul style="list-style-type: none"> Noise from construction activity Noise from facility operation 	Direct and indirect	Short term (construction); Long term (VMT)	<ul style="list-style-type: none"> Restrict night construction, sound suppression Retain vegetative buffers Build sound barriers
<i>Water Quality</i>	<ul style="list-style-type: none"> Contamination from stormwater increase in chloride levels stream sedimentation 	Direct and indirect	Short term (construction); Long term (facility operation)	<ul style="list-style-type: none"> Restriction on impervious services/reduced pavement, lane or shoulder width Stormwater management Salt application BMPs; Construction BMPs
<i>Wetlands</i>	<ul style="list-style-type: none"> Direct filling/destruction from roadway construction wetland impairment from increase pollution loading Indirect impact from secondary development 	Direct and indirect	Short term (construction); Long term (facility location and operation)	<ul style="list-style-type: none"> Avoidance through project design Increase wetland buffers from constructed areas Replacement or restoration of impaired wetlands Permanent protection of threatened wetland and adjacent habitat through acquisition Improved local planning and zoning
<i>Floodplains</i>	<ul style="list-style-type: none"> Loss of flood storage and increased potential for destruction of property through flooding; Loss of associated riparian habitat 	Direct	Long term	<ul style="list-style-type: none"> Avoidance through project design Minimize constructed “footprint” in floodplain Use elevated structures Restore lost floodplain in same sub-watershed Improved local planning and zoning
<i>Archaeol. & Cultural Resources</i>	<ul style="list-style-type: none"> Loss of historically or culturally significant structures or features 	Direct	Long term	<ul style="list-style-type: none"> Avoidance/minimization through project design Relocation of structures Preservation by documentation (HABS/HAER)
<i>Prime Farmland</i>	<ul style="list-style-type: none"> Direct loss through road construction Indirect loss from ensuing development 	Direct and Indirect	Long term	<ul style="list-style-type: none"> Avoidance through project design Improved local planning and zoning
<i>Species of Concern</i>	<ul style="list-style-type: none"> Loss, fragmentation or degradation of habitat and dependent species; Indirect loss of habitat from secondary development 	Direct and Indirect	Long term	<ul style="list-style-type: none"> Avoidance through project design/location; Implement wildlife crossing facilities in design Protect riparian and wetland buffers; Replacement habitat acquisition and protection Improved local planning and zoning

1 **Table 6.X** shows the most common types of impacts associated
 2 with constructed transportation projects in the RPC region in the
 3 past, as well as potential actions that have been or could be used
 4 to mitigate the impacts.

5 **Identifying Opportunities for Mitigation**

6
 7 Mitigation strategies for most environmental impacts begin with
 8 an assessment of existing natural and cultural resources. Several
 9 data sources for natural resources exist which can provide
 10 detailed information on the location, quality, and extent of
 11 discreet natural resource types as map “layers”, such as wetlands,
 12 aquifers, forest areas by type, and soils. However, there are fewer
 13 sources which look at these resource layers in combination and
 14 assess the value of different geographical areas based on the
 15 presence, quality, and interaction of two or more of these resource
 16 layers based on their value as a functioning ecosystem. Data on
 17 cultural resources tend to be less comprehensive, as few
 18 municipalities have comprehensive historical and cultural
 19 resource inventories. Much of the cultural resource inventory
 20 data from the past 20 years has been compiled for limited
 21 geographic areas as part of regulatory requirements for
 22 permitting public infrastructure projects such as highways or
 23 utility lines.

24
 25 The Rockingham Planning Commission has been involved with
 26 the development of two sources of natural resource data for the
 27 region that provide resource information within a framework of
 28 analysis of the co-occurrence of two or more resource layers: the
 29 *New Hampshire Natural Services Network*, and the *Land*
 30 *Conservation Plan for New Hampshire’s Coastal Watersheds*. The
 31 *New Hampshire Wildlife Action Plan* provides another important
 32 data set useful in identifying high-value resource areas, and was
 33 used in part in the Coastal Land Conservation Plan’s co-
 34 occurrence data. Both the Wildlife Action Plan and the Natural
 35 Services Network contain data at state, regional, and municipal
 36 scales and are therefore available for the entire RPC/MPO area.
 37 The Land Conservation Plan contains data for the coastal

38 watershed region of New Hampshire, which includes about three-
 39 fifths of the land area of the RPC/MPO.

40
 41 The two coastal vulnerability assessments completed in the past
 42 three years (*Tides to Storms, 2015* and *Climate Risk in the*
 43 *Seacoast, 2017*) identified natural resource impacts from
 44 projected sea level rise and storm surge in addition to
 45 infrastructure impacts.

46
 47 We have utilized all of these data sources here to identify
 48 opportunities for mitigation projects that involve habitat
 49 protection and resource conservation as prescribed in Table 6.X
 50 for transportation projects that impact water quality, wetlands,
 51 floodplains, farmland soils or critical habitat.

52
 53 Transportation project planners should consult these resources in
 54 developing mitigation recommendations for transportation
 55 projects in the RPC/MPO area:

- 56
 57 • **The Natural Services Network (Map 6.X)** includes the
 58 following information: Water supply, flood storage,
 59 economically important soils, significant wildlife habitat, NH
 60 Wildlife Action Plan supporting landscapes, local natural
 61 resource inventory data, local land protection priorities, land
 62 trust protection priorities, class VI roads, recreation trails,
 63 active farms, and tree farms.
- 64 • **The Land Conservation Plan for Coastal Watersheds (Map**
 65 **6.X)** contains information on the following resources and
 66 systems: forest ecosystems, freshwater ecosystems,
 67 irreplaceable coastal and estuarine resources, critical plant
 68 and wildlife habitat, and conservation focus areas.
- 69 • **The NH Wildlife Action Plan:** includes the following
 70 resource information: NH Wildlife habitat land cover,
 71 highest-ranking wildlife habitat by ecological condition,
 72 conservation focus areas, and species distribution.

- 1 • Cultural and Historic Resource Inventories on file with the
 2 NH Division of Historic Resources (NHDHR). Given the
 3 requirements of the National Historic Preservation Act of
 4 1966, inventories have been prepared as part of Section 106
 5 reviews for any federally funded or permitted public
 6 infrastructure project in the past 30 years. Some
 7 municipalities have also taken on comprehensive cultural
 8 resource inventories, known in NH as Town Wide Area
 9 Forms.
- 10 • Coastal Vulnerability Assessments including Tides to Storms
 11 (2015) focused on the seven Atlantic coast communities, and
 12 Climate Risk in the Seacoasts (C-RiSe, 2017) focused on ten
 13 additional communities with frontage on Great Bay or tidal
 14 rivers.

15 In addition to the conventional mitigation strategies identified in
 16 **Table 6.X**, land use strategies have become increasingly
 17 important to mitigate the environmental impacts of
 18 transportation projects – especially impact related to induced and
 19 secondary growth. These include but are not limited to tools such
 20 as districts or ordinances based on identified natural resources
 21 areas. Examples include the Conservation Overlay District model
 22 ordinance found in the Land Conservation Plan, as well as
 23 ordinances as found in *Innovative Land Use Controls: A Handbook*,
 24 prepared jointly by the NH Office of Energy and Planning (now the
 25 Office of Strategic Initiatives), the NH Department of
 26 Environmental Services, and the nine regional planning
 27 commissions. Tools in the Handbook include model ordinances
 28 on Transfer of Density Rights, The Village Plan Alternative
 29 Subdivision, Conservation Subdivisions, Erosion and Sediment
 30 Control, and Protection of Wildlife Habitat, among others.

31
 32 Other mitigation strategies include land-trading programs in
 33 which impacts to natural resource areas may be mitigated by the
 34 purchase or protection of other high value natural resources areas
 35 within a defined geographical region. Examples of such programs
 36 include wetland trading programs, transfer of density credit
 37 programs, and trading programs for unfragmented high value

38 habitat areas that may be contiguous with existing protected
 39 areas. It is important to stress that any mitigation activities may
 40 involve not only the development community and planning
 41 professionals, but also must involve natural resource consultants
 42 and local and regional conservation organizations who can assist
 43 in the process of formulating successful mitigation strategies.

44 **Environmental Justice**

45 An important consideration for the 2040 Long Range
 46 Transportation Plan is the impact of its elements on minority and
 47 low-income populations in the MPO region. Title VI of the 1964
 48 Civil Rights Act prohibits discrimination on the basis of race, color,
 49 or ethnic origin in the provision of transportation benefits and in
 50 the imposition of adverse impacts.
 51 Building on Title VI, Executive Order 12898 (1994) , requires each
 52 federal agency to achieve environmental justice by identifying and
 53 addressing any disproportionately high and adverse human
 54 health or environmental effects, including interrelated social and
 55 economic effects, of its programs, policies, and activities on
 56 minority or low income population. Executive Order 12898
 57 defines “minority” as a person who is African American, Hispanic,
 58 Asian American, American Indian, or an Alaskan Native. A low-
 59 income person means a person whose household income is at or
 60 below the federal poverty level. For 2017 the poverty threshold
 61 was \$24,600 for a family of four.

62
 63 The USDOT’s Final Order to Address Environmental Justice in
 64 Minority Populations and Low Income Populations requires
 65 transportation programming and planning activities to:

- 66
- 67 ▪ Include explicit consideration of the effects of
- 68 transportation decisions on minority and low-income
- 69 populations.
- 70 ▪ Provide meaningful opportunities for public involvement
- 71 by members of minority and low-income populations.
- 72 ▪ Gather, where relevant, appropriate and practical,
- 73 demographic information (race, color, national origin, and

1 income level) on populations served or affected by
2 transportation decisions.

- 3 ▪ Minimize or mitigate any adverse impact on minority or
4 low-income populations.

5

6 The Executive Order and Civil Rights Act require this Long Range
7 Transportation Plan to address the needs and concerns of
8 protected communities, both in terms of benefits received and
9 impacts imposed. Procedurally, the MPO is working to address
10 these needs through expanding its public outreach efforts.
11 Substantively, the MPO is working to expand access to
12 transportation for low-income and minority populations.

13